

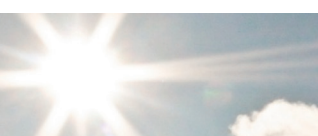


## EFIC-PAIN OUT Pain School on Acute, Perioperative and Trauma-Related Pain, 26-28 November 2023, in Berlin

### PROGRAM

Sunday, 26 November 2023: Get-together		
Location: Restaurant Grand Bar, Oranienburger Str. 33-34, 10117 Berlin-Mitte		
18:00	Welcome, Introductions	
19:00	Joint dinner	
20:00	Health literacy and impact on people with (acute) pain	Brona Fullen

Monday, 27 November 2023:		
Day 1 – Assessing pain after surgery/trauma and preparing treatment plans		
Location: Internationales Handelszentrum IHZ, Friedrichstr. 95, 10117 Berlin-Mitte		
08:00	Registration	
08:30	Physiology and Pathophysiology of Acute Pain	H.-G. Schaible
09:00	Pain Assessment	R. van Boekel
09:30	Organizing Acute Pain Management in a Hospital Setting	M. Rijdsdijk
10:00	Group discussion: Organization in practice	Moderated by M. Rijdsdijk
	<i>Group discussion: faculty and attendees will describe how acute pain is managed in their institution; the strengths and limitations of the services they provide; and how they would like to move forward. For all: please prepare a ~1-2 -minute oral presentation.</i>	
10:45	Coffee break	
11:00	Treatment Techniques 1: Non-opioid analgesics, opioids & co-analgesics	W. Meissner
11:45	Treatment Techniques 2: Non-pharmacological techniques	N. Nestler
12:15	Special Patient Population 1: pain management of cancer patients undergoing surgery	Moderated by R. Klinger
	<i>Cancer survivor – live Q&amp;A with Tiago Antunes See case study</i>	
12:45	Lunch	



<b>13:15</b>	Anesthetic / surgical/ nursing / psychological approaches caring for <b>perioperative- pain management of cancer patients</b>	R. van Boekel, W. Meissner, R. Klinger
<b>14:00</b>	Faculty and attendees will discuss care of <b>cancer patients undergoing surgery</b>	Moderated by R. Klinger
<b>14:30</b>	Treatment Techniques 3: Local and Regional Anesthesia and Analgesia	D. Stamenkovic
<b>15:00</b>	Treatment Techniques 4: Multi-modal care: principles and findings from clinical routine	A. Kopf
<b>15:30</b>	Coffee break	
<b>16:00</b>	Communicating with Patients 1 – talk	R. Klinger
<b>16:30</b>	Group discussion: Communicating with Patients 2	Moderated by R. Klinger
	<i>A multi-disciplinary and multi- professional discussion among the faculty and attendees. Anesthetists/surgeons/nurses/physiotherapists/patient</i>	
<b>17:15</b>	<b>Learning from and talking to a former patient</b>	Moderated by J. Cruz, R. van Boekel
	<i>Live Q&amp;A –see the case study written by Firoozeh Dumas Please prepare questions you might like to ask Firoozeh Dumas</i>	
<b>18:15</b>	Quality Indicators	R. Zaslansky
<b>18:45</b>	Summary	W. Meissner
	<i>A short summary of the day and outlook for the next day</i>	



**Tuesday, 28 November 2023**

**Day 2: Assessing pain after surgery/trauma and preparing treatment plans – increasing the complexity of cases**

<b>08:00</b>	Meeting up	
<b>08:30</b>	Break-out sessions and group discussion: Learning from a former patient (see the orthopedic case study)	Moderated by U. Stamer, N. Nestler
<b>10:00</b>	Coffee break	
<b>10:15</b>	Special patient populations 2 -- a <b>case of a women undergoing a Caesarean Delivery</b>	M. Rijdsijk, J. Cruz, N. Nestler
	<i>The case study will be shared closer to the time of the school.</i>	
<b>10:45</b>	Group discussion	Moderated by M. Rijdsijk J. Cruz N. Nestler
	<i>Anesthetic / surgical/ nursing approaches to caring a patient undergoing OBGYN surgery</i>	
<b>12:00</b>	Group discussion: Preparing a patient after major surgery/trauma for discharge	Moderated by D. Stamenkovic
	<i>The perspective of the anesthesiologist/surgeon, nurse, physiotherapist, patient</i>	
<b>12:30</b>	Research in acute pain	U. Stamer
<b>13:00</b>	Summary, feedback, next steps	W. Meissner, R. Zaslansky
	Feedback from the faculty and the attendees	
<b>13:30</b>	Lunch	

### Faculty:

Brona Fullen, PhD, physiotherapist, EFIC President, Ireland

Hans-Georg Schaible, PhD, physiology/neurophysiology, Germany

Andreas Kopf, MD, anaesthesiologist, Germany

Mienke Rijdsdijk, MD, anaesthesiologist, Netherlands

Dusica Stamenkovic , MD, anaesthesiologist, Serbia

Ulrike Stamer, MD, anaesthesiologist, Switzerland

Jorge Jiménez Cruz, MD, Obstetrics & Gynaecology, Germany

Rianne van Boekel, PhD, RN, Netherlands

Nadja Nestler, PhD, RN, Austria

Regine Klinger, PhD, psychologist, Germany

Tiago Antunes, RN, a former patient, France

### Summary locations:

<b>Sunday, 26 November 23</b>	<b>18:00 – 21:00 h</b> <b>Get-together and Introduction at Restaurant GRAND BAR Oranienburger Straße 33-34 10117 Berlin-Mitte</b>
<b>Monday, 27 November 23</b>	<b>08:00 – 18:45 h</b> Pain School, day 1 (please see program) at Internationales Handelszentrum IHZ (Dorotheenstadt Immobilien) Friedrichstraße 95 10117 Berlin
<b>Tuesday, 28 November 23</b>	<b>08:00 – 13:30 h</b> Pain School, day 2 - Same address as Monday

### Hotel

Faculty and (most) funded participants:  
Hotel 38, Oranienburger Str. 38, 10117 Berlin  
(check-in from 15 h, check-out until 11 h)

Rest: individually